

F19: Program Brochure

Activity Title	Women’s Health Conference 2021
Date	October 29-30, 2021
Venue	Virtual via MS Teams
Facilitator/s	Dr Gbemisola Okunoye
Target Audience	<p>Women’s Health conference 2021 has been put together to meet the learning and knowledge needs of healthcare providers who are involved in the care of women from primary care to tertiary level including but not limited to the following groups:</p> <p>Physicians Nurses Midwives Allied Health Professionals</p>
Overall Learning Objectives	<p>At the end of Women’s Health Conference 2021, delegates should be able to:</p> <ul style="list-style-type: none"> ➤ Identify and discuss the current updates in pre-pregnancy health, antenatal and intrapartum care. ➤ Discuss the current evidence-based approach in managing ambulatory gynaecology and fertility problems. ➤ Describe some of the current clinical controversies in obstetrics and gynaecology.

Program Overview

Time	Session Title/Topic	Session-Specific Learning Objectives
Friday October 29, 2021	<p>Session1: Well woman care across healthcare services</p> <p>Moderator: Dr Suruchi Mohan, Sidra Medicine</p>	<ul style="list-style-type: none"> • Describe the components of a well woman service. • List the options for cervical screening and cervical cancer prevention. • Recognise the challenges of pre-conception weight management. • Discuss the treatment options for managing menopausal symptoms.
14:15-14:25	<p>Well woman services - A necessity or a luxury?</p> <p>Prof Johnny Awwad, Sidra Medicine</p>	
14:30-14:50	<p>Managing symptoms of the perimenopause - A holistic approach</p>	

	Dr Rudaina Hasan, Sidra Medicine	
14:55- 15:15	Cervical cancer prevention and screening - When, how and why? Dr Osman Ortashi, Sidra Medicine	
15:20-15:40	Pre-pregnancy weight management - Options and challenges? Dr Ibrahim Ibrahim, Sidra Medicine	
15:40-15:50	Q & A	
15:50-15:55	Break	
	Session 2: Clinical Debate 1 Moderator: Dr Nusrat Fazal, Sidra Medicine	<ul style="list-style-type: none"> Appraise the arguments for and against telemedicine application in Obstetric services.
15:55-16:10	Motion: 'Telemedicine is better than face-to-face contact in the delivery of antenatal care' For: Dr Sara Buhmaid, Sidra Medicine	
16:10-16:25	Against: Dr Olubunmi Oniya, Sidra Medicine	
16:25-16:35	Rebuttal for motion: Dr Sara Buhmaid, Sidra Medicine	
16:35-16:45	Rebuttal against motion: Dr Olubunmi Oniya, Sidra Medicine	
16:45-16:50	Break	
	Session 3: Benign Gynaecology Updates Moderators: Dr Amir Elnahas, Sidra Medicine Dr Pradeep Jayaram, Sidra Medicine	<ul style="list-style-type: none"> Appraise treatment options for uterine fibroids and heavy periods in adolescents. Describe the current management approach for endometriosis related infertility. Identify the different surgical options for CS scar niche Discuss the management of pelvic organ prolapse.
16:50-17:10	Managing Endometriosis-associated infertility - New perspectives Prof Johnny Awwad, Sidra Medicine	
17:15-17:35	Contraception update- What is new? Dr Suruchi Mohan, Sidra Medicine	
17:40-18:00	Uterine fibroids - When and how should we treat? Dr Abdulkadir Wagley, Sidra Medicine	
18:05-18:25	Pelvic Organ Prolapse and Latest Surgical Modalities Including Natural Orifice Endoscopic Approach (NOTES) Dr Karl Jallad, Lebanese American University, Beirut, Lebanon	
18:30-18:50	Management of heavy menstrual bleeding in adolescents - What is new? Dr Caitlin Huckell, Sidra Medicine	
18:55-19:15	Cesarean section Scar Niche- Surgical Management Options Dr Pradeep Jayaram, Sidra Medicine	

19:15-19:25	Q & A	
19:25	END OF DAY 1 (CAT1: 5 HOURS)	
Time	Session Title/Topic	Session-Specific Learning Objectives
Saturday October 30, 2021	Session 4: Antenatal care updates Moderators: Dr Sara Buhmaid, Sidra Medicine Dr Suruchi Mohan, Sidra Medicine	<ul style="list-style-type: none"> • Identify the challenges of diagnosing mental health problems in pregnancy. • Discuss evidence-based care of multiple pregnancy and updates on fetal surgery. • Describe the causes and treatment of pregnancy associated thrombocytopenia. • Appraise the evidence on non-invasive prenatal testing • Discuss the obstetric challenges of post bariatric pregnancies.
08:30-08:50	Multiple pregnancies - Updates in prenatal care Prof Karim Kalache, Sidra Medicine	
08:55-09:15	Non-invasive prenatal testing in Qatar - The journey ahead Dr Medhat Alberry, Sidra Medicine	
09:20-09:40	Pregnancy-associated mental health disturbances: Screening and diagnostic tips Dr Zainab Imam, Sidra Medicine	
09:45-: 10:05	Thrombocytopenia in pregnancy - Antenatal and intrapartum management Dr Michel Makhoul, Sidra Medicine	
10:10-10:30	Pregnancy post bariatric surgery - Key management pearls Dr Osric Navti, Al Wakra Hospital	
10:35 – 10:55	In utero fetal surgery - What is possible? Dr. Gihad Challouhi, Neckaire Hospitals, Paris, France	
10:55-11:05	Break	
	Session 5: Reproductive Medicine updates Moderators: Dr Tarique Salman, Sidra Medicine Dr Khawla Ismail, Sidra Medicine	<ul style="list-style-type: none"> • Discuss the assessment of infertile couple and treatment of recurrent miscarriage. • Describe the causes and treatment of ovarian hyperstimulation. • Explain the current approach to fertility preservation in women.
11:05-11:25	Assessment of the infertile couple: When should we refer for IVF? Dr Spyridon Chouliaras, Sidra Medicine	
11:30-11:50	What is new in the management of recurrent pregnancy loss? Dr Sanjay Prabhu, Sidra Medicine	
11:55-12:15	Ovarian hyperstimulation syndrome: Prevention and treatment	

	Dr Mohammed Khan, Sidra Medicine	
12:20-12:40	Fertility preservation in women: State of the ART Prof Johnny Awwad, Sidra Medicine	
12:45-12:55	Break	
	<p>Session 6: Intrapartum and Postpartum Care</p> <p>Moderator: Dr Varsha Mulik, Sidra Medicine</p>	<ul style="list-style-type: none"> • Discuss the practicality and challenges of continuity of care in Maternity services. • List the options for analgesia and anaesthesia during labour and delivery. • Explain the long-term health implications of pregnancy.
12:55- 13:15	Pregnancy and delivery - A window to long term health Dr Yassin Fagier, Sidra Medicine	
13:20-13:40	Continuity of care in Maternity Service - Why and how? Judith Downey, Sidra Medicine	
13:45-14:05	Analgesia and Anaesthesia in labour – Recent advances Dr Nicolas Hooker, Sidra Medicine	
14:10-14:30	Post pregnancy care and follow up of GDM Patients Dr Hala Abdullahi, Sidra Medicine	
14:35-14:55	Improving breastfeeding rates in Qatar - A case for antenatal preparation Gladys Gray, Sidra Medicine	
	<p>Session 7: Keynote Lecture</p> <p>Moderator: Prof Johnny Awwad, Sidra Medicine</p>	
15:00-15:45	The role of Artificial Intelligence in women’s health - Challenges and opportunities Mr S Bhasker, Sidra Medicine Dr Olubunmi Oniya, Sidra Medicine	
16:00	End of Day 2 (CAT1: 7.5 HOURS)	

“This activity is an Accredited Group Learning Activity **Category 1** as defined by the Department of Healthcare Professions-Accreditation Section (DHP-AS) and is approved for a maximum of **12.5 hours**.”

In support of improving patient care, Sidra Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Scientific Planning Committee has reviewed all disclosed financial and relevant relationships of speakers, moderators, facilitators, and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

